

Crosslinking (CXL) Medical Necessity Checklist



DENVER
EYE
SURGEONS

Patient Name _____

DOB _____ Date of Exam _____

Surgeon _____

Keratoconus (Unstable) OD OS Both
Ectasia (from Refractive Surgery) OD OS Both

ALL insurance companies require that the medical records **show progression of keratoconus or ectasia. 24 months of medical records are required**, either from ECNC or from a combination of an outside referring doctor and ECNC doctor(s).

Medical records must show **ALL of the following**:

- Conservative treatments tried and failed (e.g., spectacles and/or rigid contact lens)
- At least 2 MRs with BCVAs spaced apart enough to show progression
- Slit lamp exam
- At least 2 sets of Keratometry values (from similar sources, preferably from corneal topography) spaced apart enough to show progression
- Contact lens measurements (back optical zone radius)

ALL insurance companies that cover CXL require:

- Failed conservative treatment (e.g., spectacles and/or rigid contact lens)
- Patient is 14-65 years of age

MOST insurance companies that cover CXL require patient to have **at least 1 of the following** in addition to patient having best corrected vision less than 20/20 (*Check all that apply*):

- Patient can no longer be correct to 20/20 **AND**
- An increase of 1 D in steepest keratometry value, **OR**
- An increase of 1 D in regular astigmatism evaluated by subjective MR, **OR**
- A myopic shift (decrease in the spherical equivalent) of 0.50 D on subjective MR, **OR**
- A decrease greater than or equal to 0.1 mm in the back optical zone radius in rigid contact lens wearer where other information was not available

Reviewer Name (Print) _____

Date _____

Reviewer Signature _____

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